

EXAMPLE OF A THEMATIC WEEK – THE ITALIAN CUISINE

	Monday	Tuesday	Wednesday	Thursday	Friday
8.30 - 10.30	Introduction of the week: the Italian cuisine	Food: Dictionary	Italian food culture	Visit: Hotel Excelsior and meeting with the Chef	Italian food culture
10.30 - 11.00	BREAK with the teacher	BREAK with the teacher	BREAK with the teacher	BREAK with the teacher	BREAK with the teacher
11.00 - 13.00	Food: Dictionary	The Italian cuisine: Lunch Menu	The Italian cuisine: Dinner Menu	Preparation of a plate	Food: Dictionary
	At the Restaurant: Communication skills	Simulations of real life	The Italian restaurants	Practice with the assistance of the Chef	Food: Socialization skills
13.00 - 14.00	LUNCH with the teachers	LUNCH with the teachers	LUNCH with the teachers	LUNCH with the teachers	LUNCH with the teachers
14.00 – 16.30	The Italian cuisine: breakfast menu	The Italian products	Activity with the chef	Feedback upon the activities held	Weekly assessment test

Note: In this week the theme is the Italian Cuisine.

Within the 11 months of the course there will be 5 intensive weeks with the following arguments

1. The Italian Cuisine
2. The Italian art with a visit to the Vatican Museums
3. The Italian Design and Italian Fashion and meetings with experts
4. The Italian Art with a visit to St. Peter's and around Rome (sixteenth-century);.
5. The Italian Institutions with a visit to the Quirinal or to the House or Senate

The number of hours each week is 40 hours with the presence of the teacher. Total: 200 hours of frontal lessons.