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# Promotion and protection of health and well-being within organizations

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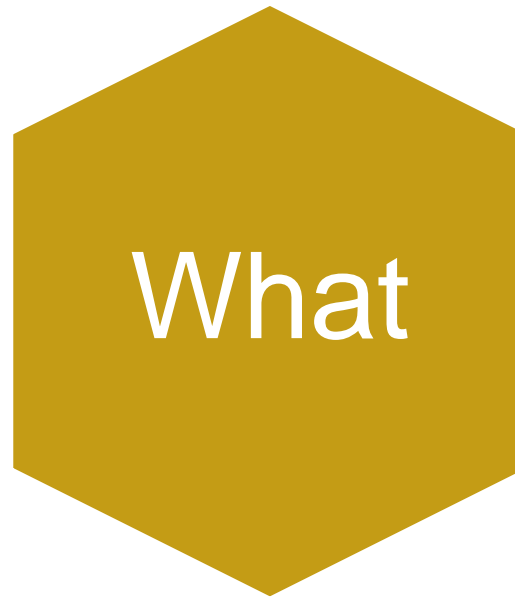
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1. Introduction to the course

# About the course



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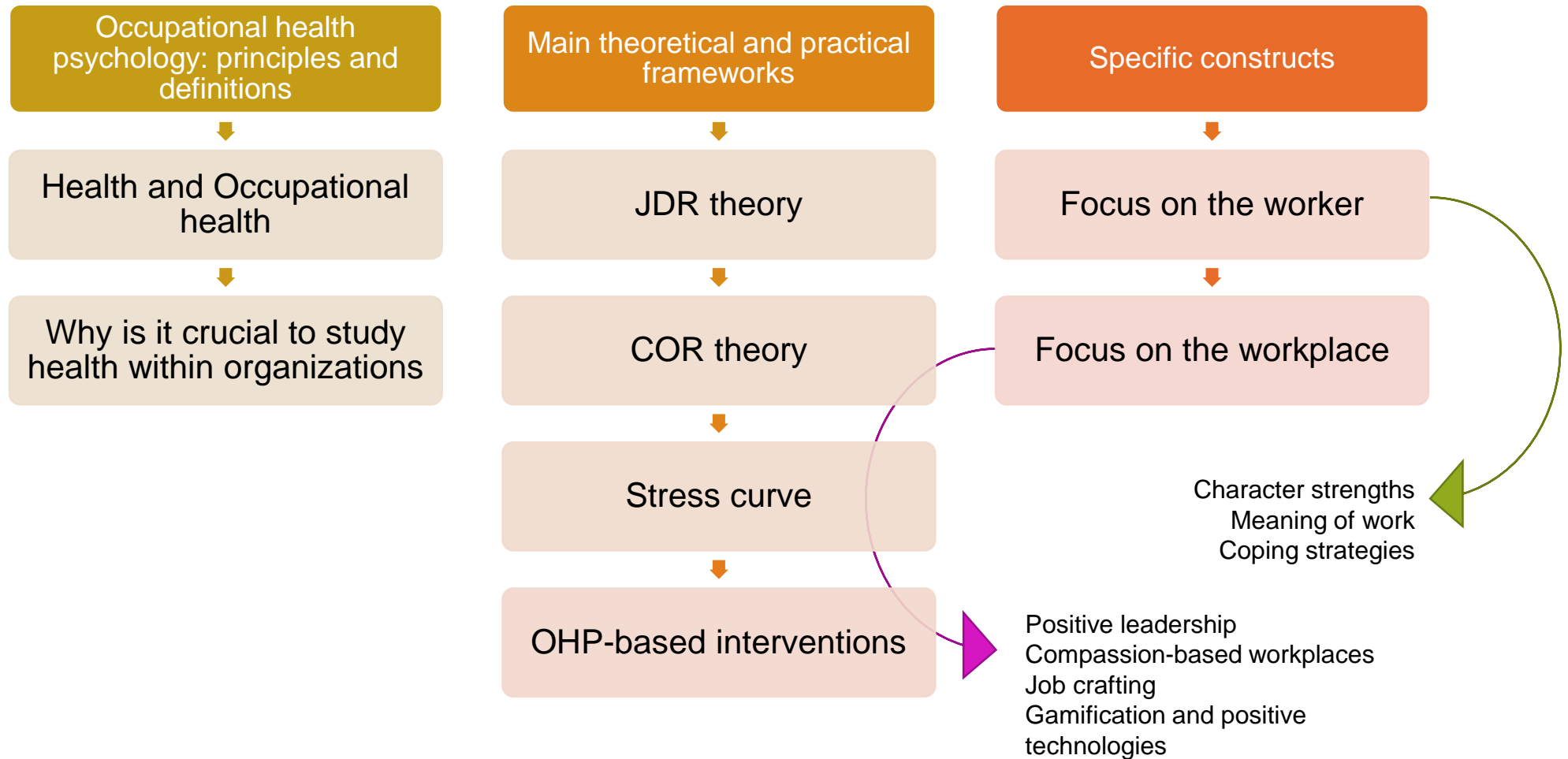


Occupational health  
psychology: principles and  
definitions

Main theoretical and practical  
frameworks

Specific constructs

# Some info about the following weeks



# Some info about the following weeks

Oct, 7th and 12th

- Principles and definitions

Oct, 21st and 28th; Nov, 2nd and 4th

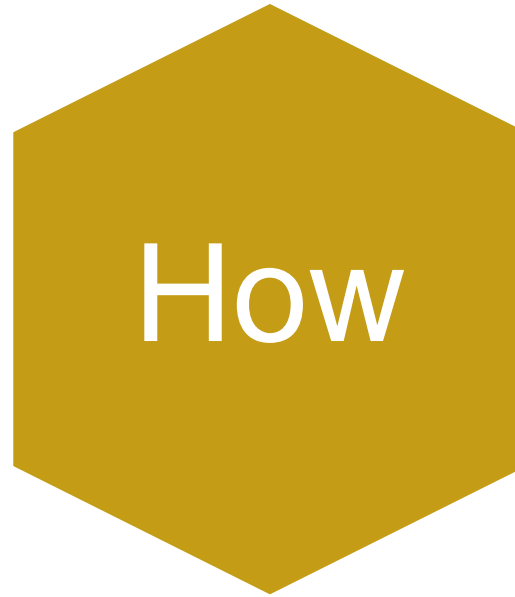
- Theoretical and practical frameworks

From Nov, 9th on

- Specific constructs related to individual and organizational health promotion and intervention

We will not have lectures on Oct, 14th, 19th, and 26th

# About the course



- Frontal lectures
- Mentimeter
- Assigned papers
- In-class activities (self-administration of tests, open discussions)
- Media use (Podcasts, videos, etc.)

# About the course



## Lectures

- In class
- *Online*, on Google Meet (see the important link page)

## Office hours

- On Wednesday, *Online* (see the important link page)
- On Tuesday, right after our lesson

## To access studying materials

- Google Classroom (see the important link page)

# About the course

## On Tuesday



14.30-16.00

Aula 2, Piazza delle Vaschette

## On Thursday



13.00-14.30

Aula 13, Piazza delle Vaschette



# Each lesson you'll be provided with...

I'll do my best to publish the slides before the lesson

Slides

These materials are the ones on which the written and oral exams will be based

Required readings and study materials

These materials are not mandatory.

Further/Supplementary readings and materials

You can use them to deepen your knowledge about topics interesting for you, that we tackled during the class

# About the exam

## Attending students

- 50% activities and papers throughout the course
- 25% written test
- 25% oral exam

## Non-attending students

- 50% written test
- 50% oral exam

No difference in the study materials between attending and non-attending students

# Previous knowledge and expectations



<https://forms.gle/ZKMJAaFwt113mCCc7>

# Important links

## To attend lectures online

- <https://meet.google.com/fpa-dkmz-jzy>

## Online office hours

- <https://meet.google.com/paw-mtok-tcy>

## Google Classroom

- <https://classroom.google.com/c/NDAYMDEzODExNDI4?cjc=z2cqzas>

## To be updated about changes in office hours

- <https://www.lumsa.it/ilaria-buonomo>